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Twitter templates

Is your job more susceptible to back injuries? (bit.ly)

What are your options if you suffer a work-related back injury? (bit.ly)

Is chiropractic care a viable option for work-related back injuries? (bit.ly)

The above Tweets will link to the story to the right.

NewsUSA Social Syndication

Title: Some Jobs Are More Prone to Back Injuries, Study Finds
Title Tag: Back Pain Due to Work Injuries Reduced With Chiropractic Care
Meta Description: The Foundation for Chiropractic Progress notes that chiropractic care is a viable option for people who suffer from work-related back pain.

Content: More than 200,000.

That's the number of nonfatal occupational back injuries—217,666 to be exact—that resulted in lost workdays in a single year, according to the most recent annual data compiled by the U.S. Bureau of Labor and Statistics. This equates to more than the number of work-related head, neck, arm, and foot injuries combined.

As a result, this can have a huge economic impact. Consider this: The World Health Organization has estimated that low back pain alone costs the U.S. between \$100 billion and \$200 billion annually.

Here are some of the jobs that are more prone to back injuries than others:

- Manual laborers and freight, stock and materials movers
- Heavy and tractor-trailer truck drivers
- Nursing assistants
- Production workers

Until recently, surgeons used to have a booming business because of patient referrals. Now, however, with more people interested in drug-free, non-invasive alternatives and the reality of the outcomes of surgical care, chiropractic care has become the line of first defense.

"Very few conditions present situations where it is appropriate to proceed directly to the operating room," Natalie Drake of the Texas Institute of Spine and Neurosurgery recently stated. "In many cases, less-invasive options will provide the desired relief."

Cost has also played a factor in the rise of chiropractic care. In a recent study in the Journal of Manipulative & Physiological Therapeutics, "paid costs for episodes of care initiated with a D.C. [doctor of chiropractic] were almost 40 percent less than episodes initiated with an M.D. [medical doctor]."

Gerard Clum, D.C... of the not-for-profit Foundation for Chiropractic Progress, agrees.

"We're noticing that patients who use ◊chiropractic care [www.F4CP.org/findadoctor]◊ as a first choice have better outcomes and incur fewer costs."

To locate a doctor of chiropractic in your area, visit ◊www.F4CP.org/findadoctor◊.



Foundation for Chiropractic Progress

Keywords: work-related back pain, chiropractic care, Foundation for Chiropractic Progress

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