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**Twitter templates**

Why Doctors Should Prescribe Alternatives to Opioids (Story URL)

How to Curb the Abuse of Opioids (Story URL)

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**Title:** Physician Prescribers Should Recommend Drug-Free Options Rather Than Opioids for Pain Relief

**Title Tag:** More Responsible Prescribing of Opioids is Needed

**Meta Description:** Opioid use and abuse is at an all-time high in the United States. To that end, health care providers, pharmaceutical companies and health plans are being urged to consider and cover better strategies for pain relief.



**Content:** The recent opioid overdose-related death of Prince, a world-renowned musician has once again put the spotlight on how over-medicated our society is and how desperately it is in need of an adjustment.

Last March, the Centers for Disease Control and Prevention shook the medical industry to its roots by encouraging doctors to use conservative care options prior to taking out the prescription pad for opioid use.

The move came in response to growing alarm over the most recent statistics showing an annual toll of 28,647 deaths involving the potentially addictive drugs. The United States makes up only 4.6 percent of the world's population, and yet consumes 80 percent of its opioids — and 99 percent of the world's hydrocodone.

The most popular alternative approach, according to the Annals of Internal Medicine, is chiropractic care. And now the Foundation for Chiropractic Progress, the voice of the chiropractic profession, is out with a new white paper ("Chiropractic: A Safer Strategy Than Opioids") that doesn't stop at merely calling on prescribers to strictly follow the guidelines. Among the Foundation's other recommendations:

- Establishing there is "more responsible marketing and physician education" on the part of the pharmaceutical manufacturers.
- Ensuring that chiropractic care is covered by all government and commercial insurance plans.
- Expanding chiropractic services to more veterans and active duty military members who are experiencing pain.

"The United States has awakened to the crushing impact of the opioid use/abuse epidemic," says Sherry McAllister, DC, the Foundation's executive vice president. Doctors of chiropractic, who have a minimum seven years of higher education, provide non-pharmaceutical care and conservative pain management to sufferers of neuro-musculoskeletal conditions, such as acute and chronic back and neck pain, as well as headaches. Numerous studies have shown chiropractic care yields improved patient outcomes, higher satisfaction, and lower costs.

Learn more at [F4CP.com](http://F4CP.com).

**Keywords:** chiropractors, chiropractic care, CDC, Foundation for Chiropractic Progress, Sherry McAllister, DC, F4CP

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