

Media

Megan Kivlehan
201-641-1911 (14)
mkivlehan@cpronline.com

**FOR IMMEDIATE RELEASE**

**2015 British Open Victor, Zach Johnson, Relies on Chiropractic Care
for Optimal Health and Athletic Performance**

CARMICHAEL, Calif. – July 29, 2015 – The [Foundation for Chiropractic Progress](#) (F4CP), a not-for-profit organization dedicated to raising awareness about the value of chiropractic care, congratulates professional golfer, Zach Johnson, on his recent victory at the 2015 British Open. According to experts at the F4CP, the good health and impressive athletic performance displayed by Johnson can, in part, be attributed to the care he receives from doctors of chiropractic (DC), including his father, [Dr. David Johnson](#) and PGA Tour chiropractor, [Dr. Troy Van Biezen](#).

“Zach has been receiving chiropractic care his entire life,” states Dr. Johnson, a graduate of Palmer College of Chiropractic, who notes that his son continues to receive regular adjustments while on and off the PGA Tour. “Throughout his professional career, Zach has relied on chiropractic to help prevent, manage and treat the wide array of injuries that athletes are susceptible to, and to help keep his body functioning at its best.”

Doctors of chiropractic are specifically trained to provide hands-on care that helps to improve range of motion, flexibility, muscle strength and other key performance factors, as well as counsel on nutrition, exercise and lifestyle choices. Today, Dr. Van Biezen travels with Zach Johnson and several other professional golfers, including 2015 Masters Tournament and U.S. Open winner, Jordan Spieth.

“Over the years, chiropractic care has become a foundational health care element offered to amateur and professional athletes, including golfers, to help alleviate pain and prepare the body for peak athletic performance,” states Dr. Van Biezen, a graduate of Parker University. “Regular chiropractic care helps to maintain proper postural balance, reduce the risk of injury, and improve recovery time and overall health.”

To help raise public perception of the profession, Zach Johnson and Jordan Spieth have individually agreed to participate in the F4CP’s targeted ad campaign, “Champions of Chiropractic,” which showcases high-profile celebrities and their DCs endorsing chiropractic care. With growing evidence on the dangers of short and long-term pain medication, the chiropractic profession is the largest health provider group offering non-pharmaceutical care with a record of cost savings and high patient satisfaction scores.

Kent Greenawalt, chairman, F4CP, is extremely pleased to witness well-received public figures, including Zach Johnson and Jordan Spieth, speak out on behalf of chiropractic care, stating, "The public must be informed of the countless health benefits associated with chiropractic." He continues, "This tremendous level of positive exposure is exactly what the profession needs to advance to the next level and help individuals of all ages receive the care they deserve!"

About Foundation for Chiropractic Progress

A not-for-profit organization, the Foundation for Chiropractic Progress aims to inform and educate the general public about the many benefits associated with chiropractic care. To learn more about the Foundation, please visit us on the web at www.f4cp.com and www.yes2chiropractic.com or call 866-901-F4CP (3427).

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