



Media

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2015 Masters Tournament Winner, Jordan Spieth, Credits Chiropractic Care For Good Health and Peak Performance

CARMICHAEL, Calif. – May 04, 2015 – Following a record-breaking win at the 2015 Masters Tournament, 21-year-old Jordan Spieth recognized those who significantly contributed to his victory, including his doctor of chiropractic [Troy Van Biezen](#), Dallas, Texas. Since the age of 14, Spieth has relied upon chiropractic care to prevent injuries as well as optimize overall health and athletic performance.

“Dr. Van Biezen is an important member of my team and, thanks to his care, my all-time dream of winning the Masters Tournament has now become a reality,” states Jordan Spieth.

Noting that four out of five golfers experience back pain as a result of repetitive swinging, Dr. Van Biezen says, “Since a very young age, Jordan has aspired to win the Masters and has since applied great discipline to achieve this goal. Many athletes, and especially golfers, understand the significance to spinal and pelvic motion to functional performance.”

Dr. Van Biezen presently travels full-time with Spieth and several other professional golfers, providing chiropractic care once or twice daily.

“Jordan finds that an individualized chiropractic care plan including prevention and recovery-focused techniques is essential for maintaining good health and a competitive edge,” he adds.

Experts at the [Foundation for Chiropractic Progress](#) (F4CP), a not-for-profit organization dedicated to raising awareness about the value of chiropractic care, assert that doctors of chiropractic (DCs) play a key role in sports health care for male and female athletes of all ages. In particular, DCs provide hands-on care that helps to improve range of motion, flexibility, muscle strength and other key performance factors, as well as counsel on nutrition, exercise and lifestyle practices.

“Regular chiropractic care helps to alleviate back pain and greatly improve an athlete’s game,” states Dr. Van Biezen, a graduate of Parker University, “Back pain is the most common complaint among golfers, but isn’t the only pain experienced. Neck, shoulder, elbow and hip pain are also common complaints among golfers of all ages. Regular chiropractic care offers an effective non-pharmacologic solution for golfers seeking to rid themselves of pain and properly prepare for a successful and enjoyable game.”

About Foundation for Chiropractic Progress

A not-for-profit organization, the Foundation for Chiropractic Progress aims to inform and educate the general public about the many benefits associated with chiropractic care. To learn more about the Foundation, please visit us on the web at www.yes2chiropractic.com or call 866-901-F4CP (3427).

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