

# An Optimal Healthcare Model for the 21<sup>st</sup> Century

Medical professionals nationwide express confidence in chiropractic care.

Leading members of the medical community not only refer their patients to chiropractors, but they also turn to chiropractic care for their personal healthcare challenges.

Make this non-invasive, “non-drug” approach to achieving optimal health part of your wellness program.

Learn the facts about chiropractic care and its vital role in America’s healthcare system today and for the 21<sup>st</sup> century.



“I view chiropractic care as an essential component of our healthcare system. While conventional medicine does a good job of screening for the early detection of disease, I believe that the regular use of chiropractic actually prevents early stages of disease from evolving into crisis disease care management.

I have referred many patients to chiropractic care and they have benefited from this wellness approach to maintaining health. I have avoided long-term pharmaceutical usage and/or acute surgery by using chiropractic as a non-pharmaceutical, non-surgical alternative.

Remember, pharmaceutical and/or surgery should be utilized as a last resort — only when more natural, less invasive modalities are unavailable or ineffective.”

**-Richard Sarnat, M.D.** | *President of AMI (Alternative Medicine Integration), Highland Park, Illinois*



“As an OB-GYN, I know chiropractic is the best treatment for the all too common backaches and joint problems experienced by many women during pregnancy. I refer all my patients to doctors of chiropractic for these symptoms. Over the years, I have seen the benefits of chiropractic care significantly reduce a pregnant mother’s reliance upon pain and narcotic medications. As you all

know, the less medications taken by a pregnant woman, the better it is for her yet-to-be-born child”

I am very familiar with the chiropractic approach to health care. I have personally used chiropractic many times — it helped me in a successful athletic career in high school and college.”

**-Jason Rexroth, M.D., FACOG FACS** | *OB-GYN Specialist, Cedar Rapids, Iowa*



“Chiropractors are increasingly becoming important members of the traditional healthcare team, providing valuable contributions to a patient’s health and well being. I can attest to this on a professional and personal level. Following a car accident three years ago, I had the benefit of conservative chiropractic and orthopedic care and thus avoided surgery.”

**-Sana Khan, Ph.D., M.D.** | *Radiologist, Beverly Hills, California*

Learn the facts about chiropractic care and its vital role in America’s well being. Visit [www.yes2chiropractic.com](http://www.yes2chiropractic.com)

