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HEALTH

New Mission for Ex-Navy SEAL

NewsUSA

(NU) - If you saw the movie "Black Hawk Down," you already know what happened to the soldiers on that mission-gone-bad to capture Somali warlords. Eighteen of them died that day in 1993, and more than 70 others were injured.

One of those hurt – then-Navy SEAL Howard Wasdin – was in such pain, for so long after retiring, that he sought the kind of medical help only now becoming increasingly available in the military.

SEALs, like Wasdin, lived the "Black Hawk Down" story.

"After being shot in the Battle of Mogadishu, a friend advised me to go to a chiropractor," says Wasdin, author of the NY Times best-seller "SEAL Team Six: Memoirs of an Elite Navy SEAL Sniper." "Three adjustments later, I was sleeping through the night with no neck pain and walking without a limp."

Ready for the neat twist to his story? So inspired was Wasdin by his own care that today he, himself, is a chiropractor – as well as an avid supporter of the Foundation for Chiropractic Progress.

"It took a chiropractor to give me back my quality of life," he says. "Today, my mission is to share the importance of chiropractic with the public, so more patients are able to get the care they need."

For more information, visit www.yes2chiropractic.org.

Foundation for Chiropractic Progress

Keywords: chiropractic care, Howard Wasdin, F4CP, Foundation for Chiropractic Progress, The Wiggles, Navy Seals, Seal Team Six: Memoirs of an Elite Navy Seal Sniper
Meta Description: Ex-Navy Seal Howard Wasdin tells his experience about overcoming pain through chiropractic care – and eventually becoming a chiropractor himself. Now he supports the Foundation of Chiropractic Progress message.

Anchor Text Location (graph #): #4
Keyword Phrase: chiropractic care
Url: www.f4cp.com

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