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Foundation for Chiropractic Progress

HEALTH

Concussions Among Athletes

NewsUSA

(NU) - Notice how many professional athletes have been sidelined lately by concussions?

Experts have, and – with the problem also affecting youth sports from soccer to bicycling to football

Athletes like hockey players are prone to concussions.

– they're labeling it "a national epidemic."

"Not only are most athletes susceptible to concussions from collisions, but in pro hockey alone there are more than 50,000 'hits' annually – and too many are serious injuries to the head," says Dr. Ted Carrick, board-certified chiropractic neurologist and distinguished professor of neurology at Life University, who treats professional athletes from around the world, and is active in the Foundation for Chiropractic Progress.

A concussion is a type of traumatic brain injury caused by a bump, blow or jolt to the head that can change the way the brain functions. Symptoms include dizziness, instability and confusion.

Using methods that rely on brain-based, non-invasive, drug-free approaches – like chiropractic care and physical rehab – can help re-establish balance and maximal brain and nervous system functionality. Doctors of chiropractic are trained in recognizing signs of concussions, and directing appropriate care or referral as part of an integrated health team. Learn more at www.yes2chiropractic.org.

Keywords: chiropractic neurologist, chiropractic care, NHL concussions, National Hockey League, The Foundation for Chiropractic Progress
Meta Description: National Hockey League (NHL) stars and other athletes are turning to chiropractic neurologists to help fight concussion symptoms. Learn how the Foundation for Chiropractic Progress is taking action.

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