

CHAMPIONS OF CHIROPRACTIC

“As a mind-body expert, wellness author and coach, and master trainer and presenter I know each aspires to create a sustainable state of well-being. Regular chiropractic care is a physical therapeutic, a proactive injury preventative and a stress reducer with a positive influence on any individual’s mind, body and heart. I recommend it as a key part of any healthy lifestyle.”

SHEA VAUGHN

Recognized wellness expert

CEO and founder of SheNetics®

Author, “Shea Vaughn’s Breakthrough: The 5 Living Principles to Defeat Stress, Look Great, and Find Total Well-being”



SheaNetics
your pathway to well-being

Foundation for
Chiropractic Progress
POSITIVE PRESS CAMPAIGN



SHEA'S CHIROPRACTOR



Dr. Brian Allen
DC, ART, CSCS

Learn more about chiropractic care and what you can do to raise awareness at: www.yes2chiropractic.com.