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## Dance Like A Star

(NAPS)—The next time you see a beautiful dance move on TV, you may want to consider some of the surprising people it took to put it there. For example, there's Dr. Jennifer McCleary, who served as an on-site Doctor of Chiropractic for "Dancing With The Stars."

Everyone she treated, Dr. McCleary said, both the celebrities and the dancers, saw the value of her care and showed great appreciation. "Dancers," she explained, "often need chiropractic care because of the wear and tear on their bodies, previous injuries and repetitive motions. The resulting conditions, however, are often the same as those of any patient: headaches, whiplash, sprains, strains, knee and ankle injuries and spinal conditions."



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**Often, it takes chiropractic care to keep the arts lively and dancers on their toes.**

To treat the professional dancers, she needed "a lot of tools in her toolbox." Dancers' bodies are very flexible and the techniques she used had to be very specific to each person and problem. Dr. McCleary would not only help them feel better; they often gained something else, such as advice on staying well, from the interaction.

To learn more, visit the Foundation for Chiropractic Progress at [www.yes2chiropractic.com](http://www.yes2chiropractic.com).

### Healthy Ideas

Chiropractic care can help professional dancers and anybody who also suffers from headaches, whiplash, sprains, strains, joint injuries and spinal conditions, says Dr. Jennifer McCleary, who worked as an on-site Doctor of Chiropractic for "Dancing With The Stars." Learn more at [www.yes2chiropractic.com](http://www.yes2chiropractic.com).

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