

In response to: Karen Ravn's "[Back Pain is a Complicated Issue](#)," (*L.A. Times*, 04.04.11)

Dear Editor,

Reading Karen Ravn's special to the *L.A. Times*, (*Back Pain is a Complicated Issue*, 04.04.11) I was struck by the lack of inclusion of a clinically and financially effective, evidence-based LBP option - chiropractic care.

A recent study from researchers at Liberty Mutual Research Institute for Safety, published in the *Journal of Occupational and Environmental Medicine*, entitled, "[Health Maintenance Care in Work-Related Low Back Pain and Its Association with Disability Recurrence](#)," concluded after the analysis of 894 workers compensation cases, **that chiropractic care is more effective for common, work-related, low back pain (LBP), when compared to treatment by a physical therapist or physician services.** Overall, chiropractic patients illustrated consistently better outcomes: shorter initial disability periods, fewer disability recurrences, less use of prescription drugs, and had fewer surgeries, with overall lower medical expenses.

When addressing LBP care options; the public deserves to be informed of the research supporting chiropractic care.

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