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Title: Love Gets Around With Help From Chiropractic Care
Title Tag: Beach Boys Member Mike Love Gets Good Vibrations From Chiropractic Care
Meta Description: Chiropractic care is suitable for people of all ages, and senior chiropractic care is especially helpful for older adults looking for complementary health care options.

Content: Mike Love, a founding member of the iconic band the Beach Boys, helped cowrite the song "I Get Around" back in the 1960s. Little did he know then that the song would come to epitomize how his much his life has improved thanks to ◊chiropractic care [www.yes2chiropractic.org]◊.

"In more than 50 years of performing over 100 shows a year, I've traveled by car, van, bus, train, plane and occasional boat," he says of the toll that touring has taken on his body. "Chiropractors have helped me remain mobile and pain free."

Love, an advocate of the Foundation for Chiropractic Progress, is just one of a number of Americans who are taking advantage of what the journal of Chiropractic & Manual Therapies (CM&T) calls "one of the most frequently used types of complementary and alternative care by older adults." In fact, about 14 percent of patients cared for by chiropractors are age 65 and over.

Although most older adults cite high patient satisfactory scores and pain relief from joint aches (neck and back chief among them), as reasons to seek chiropractic care, there are other motives as well. The same CM&T article also noted that chiropractors help manage patients' health conditions through lifestyle counseling, including exercise and nutritional support.

As for the lead singer who's hit "Kokomo" reached number one in 1988, he says he still loves performing in front of audiences worldwide, and doesn't anticipate slowing down any time soon. "With my active lifestyle," he says, "I use regular chiropractic care as a complement to my daily practice of transcendental meditation and hatha yoga."

For more information about developments in senior chiropractic care, visit ◊www.yes2chiropractic.org◊.

Twitter templates

Beach Boys member Mike Love gets around with chiropractic care: (bityurl)

Find what is giving one Beach Boys member good vibrations: (bityurl).

Chiropractic care has left its mark on Beach Boys member Mike Love: (bityurl).

The above Tweets will link to the story to the right..

Keywords: chiropractic care, senior chiropractic care, spinal manipulative therapy

*** Text within two ◊ represents anchor text that will be linked to the web address that follows. ***