



FOR IMMEDIATE RELEASE

Chiropractic Care Helping Heroes Realize Their Potential in Triathlon Series

Disabled veterans value chiropractic care while competing in triathlon

CARMICHAEL, Calif. – August 2008 –Team Semper Fi, a triathlon team comprised of elite athletes who are also disabled war veterans, competed in the recent Escape from Alcatraz Triathlon Series. These athletes have come forward to validate the value of chiropractic care in improving their ability to compete against able-bodied athletes by: swimming against the fierce currents from Alcatraz Island to San Francisco; biking 18 miles; and running eight miles in a triathlon.

“Competing in these events has actually made my life ten times better and has given me tremendous self-worth,” says Iraq war veteran, Eric Frazier, the team’s leading hand cyclist who suffered a paralyzing injury to the spinal cord and now uses his hands and arms to propel his cycle. “After any race, my upper body is in pain because I do it all with my hands and arms. Following chiropractic care, I find that I perform better.” Frazier receives his chiropractic care from Dr. Bill Morgan, staff chiropractor for the National Naval Medical Center, Bethesda, Maryland, and affiliate chiropractor at Walter Reed Army Medical Center in Washington, DC.

Team Semper Fi is a sports program of the Inter Marine Semper Fi Fund designed to help rehabilitate injured Marines and injured sailors. On a monthly basis, team members compete in triathlons, venture races, marathons, and 10k races. They compete against a variety of professional athletes, amateurs, and beginners, disabled and able-bodied athletes alike.

Team members Dan Lasko and John Szczepanowski also access chiropractic care on a regular basis so that they can perform to their greatest potential.

“With my injury and a prosthetic leg, my back is always in pain,” says Dan Lasko, who lost his left leg below the knee in two IED (Improvised Exploding Device) roadside explosions while defending the U.S. during the war on terror in Afghanistan. “But when it comes to triathlons, chiropractic has helped out tremendously, I see my chiropractor before the event and a few days later...it just makes me a better athlete overall.”

John, the only non-injured team member, praises chiropractic as “making it possible” for him to get out there and be a part of these events.

Prior to the triathlon events, these brave men are treated by chiropractors who support the Foundation for Chiropractic Progress (www.F4CP.org). Dr. Bill Morgan feels privileged to be a part of the extraordinary perseverance displayed by these veterans.

“I salute the brave fighters who have overcome so much to compete in these athletic events,” says Dr. Morgan. “I can think of no greater honor than to provide care for those injured while in the service of their country.”

For information about Team Semper Fi or if you wish to make a donation to the team please visit www.semperfifund.org

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About F4CP

A not-for-profit organization, the Foundation for Chiropractic Progress (F4CP) embraces a singular mission to promote positive press for the profession in national, regional and local media. Through effective and ongoing initiatives, the Foundation’s goal is to raise awareness to the many benefits provided by doctors of chiropractic. The F4CP relies upon strategic marketing campaigns that span prominent spokespersons, monthly press releases, public service announcements, and advertisements in high-profile media outlets. To learn more about the Foundation, please visit us on the web at www.foundation4cp.com or call 866-901-f4cp.