

YOUTH SPORTS SAFETY

The #1 priority for male and female athletes in every sport, coaches, athletic trainers, educators and parents.

ATHLETIC TIPS™
is your expert resource
for recognizing,
managing and
preventing sports-
related injuries.

EDUCATION + AWARENESS

Visit **ATHLETIC TIPS™** online to schedule or attend
free community workshops in your local area:

- Concussion Recognition and Prevention
- Nutrition in Sports Management
- Preventing Dehydration and Heat-Related Conditions
- Recognizing, Managing and Preventing Musculoskeletal Injuries

Learn more: www.TIPS4Sports.org
Get involved: www.GlobalGiving.org
support@tips4sports.org



ATHLETIC TIPS™
Toward Injury Prevention in Sports