

SUFFERING WITH ARTHRITIS?

There are safer
pain management
options before taking
painkillers: choose
chiropractic first.

Chronic juvenile rheumatoid arthritis definitely has its ups and downs.

But chiropractic care helps sufferer Kathryn Sundquist to have more “ups.”

Thanks to regular chiropractic adjustments, Kathryn lives her life to the fullest.

A 16-year old dancer, student and 2017 National Walk To Cure Arthritis Young Adult Honoree who was diagnosed with JA at seven-years old, she incorporates drug-free strategies into her life -- and is able to be the healthiest, most active version of herself.

TO FIND A DOCTOR OF CHIROPRACTIC NEAR YOU

visit: www.f4cp.com/findadoctor

CHIROPRACTIC: A Key to America's Opioid Exit Strategy

visit: www.f4cp.com/opioid2.0

**DRUG-FREE
PAIN MANAGEMENT
AWARENESS MONTH**
SEPTEMBER

Foundation for
Chiropractic Progress